



2005-2012 Toyota RAV4 Spark Plug Replacement

A video tutorial on how to change the spark plugs on a 2006-2008 Toyota RAV4.

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INTRODUCTION

If you are experiencing engine misfires, trouble starting, and or loss of power then it may be time to replace the spark plugs.

Follow this video tutorial by YouTuber [NutzAboutBolts](#) to complete the replacement yourself.

Torque specs:

- 14 ft. lbs - spark plugs
- 8 ft. lbs - ignition coil bolts

Safety

If this is your first time working on a vehicle read our [safety tips](#) before proceeding.

TOOLS:

- 3/8" Drive Ratchet (1)
- 10mm Deep Socket (1)
- 3/8-Inch Drive Extension Bar (1)
- Spark Plug Socket (1)
- Anti-Seize Lubricant (1)
- Dielectric Grease (1)
- Spark Plug Gap Gauge (1)
- Torque Wrench (1)

PARTS:

- Spark Plug (4)

To reassemble your device, follow these instructions in reverse order.