



# 2009-2014 Honda Insight Transmission Fluid Replacement

A video tutorial on how to change the transmission fluid on a 2009-2014 Honda Insight.

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## INTRODUCTION

The automatic transmission fluid should be changed every 60k miles.

Follow this video tutorial by YouTuber [NutzAboutBolts](#) to complete the Repalcement yourself.

### Torque specs:

- 36 ft. lbs - Transmission drain plug

## Safety

If this is your first time working on a vehicle read our [safety tips](#) before proceeding.

### TOOLS:

- 3/8" Drive Ratchet (1)
- Phillips #2 Screwdriver (1)
- Oil Drain Pan (1)
- Long Neck Funnel (1)
- Paper Towels (1)
- Torque Wrench (1)

### PARTS:

- Oil Drain Plug Gasket (1)
- Automatic Transmission Fluid 1 qt. (3.25)

To reassemble your device, follow these instructions in reverse order.