Fob watch Battery Replacement

A guide to replacing the battery on a fob watch.

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INTRODUCTION

This guide will assist you to change the battery on a fob watch. These watches are worn on the chest, and are often used by nurses and other healthcare professionals to easily see the time, aid in clinical assessment, and to maintain infection control by avoiding the use of a wristwatch.

The battery in a fob watch can be changed easily.

TOOLS:

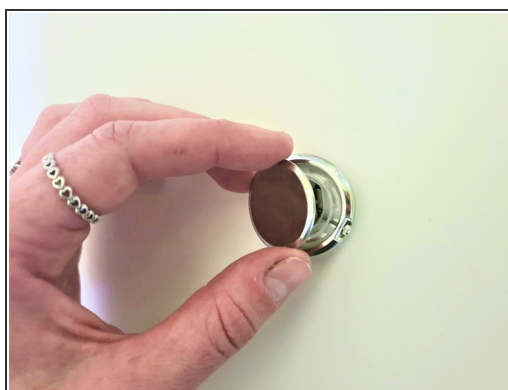- Jimmy (1)
- Spudger (1)

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Step 1 — Battery

- Remove the watch from the silicon casing and turn the watch over.
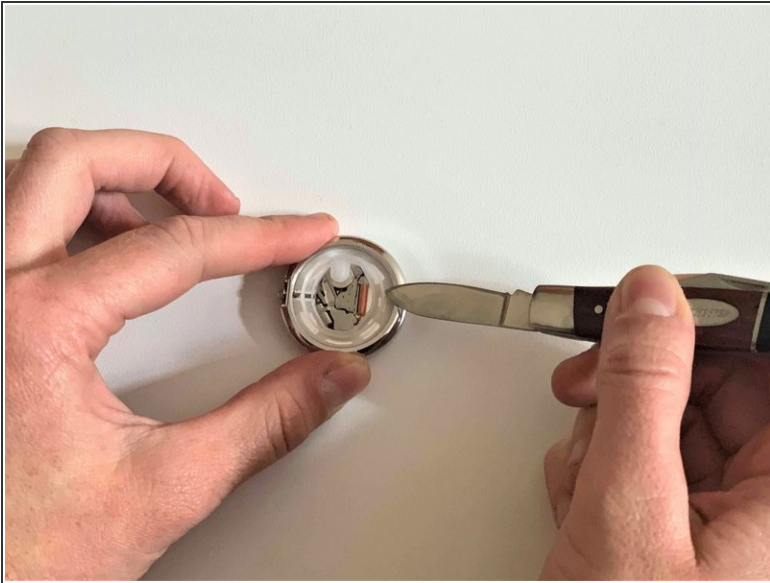
- Locate the small indent on the edge of the back plate.

Step 2

- Wedge the tip of a Jimmy underneath the indent to lift off the back plate.
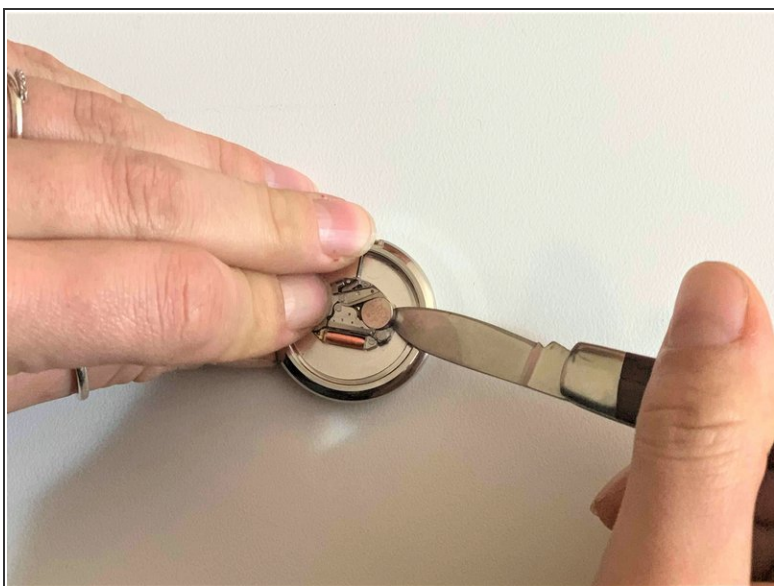
- ⚠️ Use a safe tool to avoid accidents.

Step 3

- Insert a spudger underneath the white plastic that holds the movement in place.

- Lift the plastic up and remove.

⚠ Use an ESD safe tool near the battery or other internal components.

Step 4

- Locate the small circle battery

- Wedge the tip of the spudger underneath the small circle battery and lift it out.

⚠️ Do not use a knife or other metal tool with a battery or other internal component as this could cause damage.

Step 5

- Insert the new battery.

To reassemble your watch, follow these instructions in reverse order. Pull out and turn the dial on the side of the watch to adjust the time.