



# Garmin Fenix 3 Wrist Strap Replacement

Replace the torn or damaged wrist strap for your smartwatch.

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## INTRODUCTION

This replacement will require use of both hands and unusual hand placement. Pay close attention to the images to ensure success in replacing this part.

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### TOOLS:

- [T6 Torx Screwdriver](#) (2)

*Due to the nature of the wrist strap's fastenings,  
two screwdrivers are required.*

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## Step 1 — Wrist Strap



- Identify the screws near the bases of two wrist straps.

## Step 2



- Hold one screwdriver firmly in one hand, as demonstrated in the image.

## Step 3



- Secure the watch in the same hand, positioning the screwdriver over the screw.

## Step 4



- Once the watch is secure, insert the screwdriver into the screw, and hold firmly.

## Step 5



- With the watch and the first screwdriver secure, insert the second screwdriver into the opposite screw.
- Holding the first screwdriver firmly, unscrew using the second screwdriver.

## Step 6



- Remove the bar from the wrist strap to release.
- ⓘ Depending on which side the bar is inserted, you may end up loosening the screw instead of the bar. Keep this in mind to avoid losing your screws.



## Step 7



- Repeat this process for the other side, adjusting the position of the watch accordingly.

To reassemble your device, follow these instructions in reverse order.