



Hair Scrunchie Elastic Replacement

With the help of this guide, scrunchie users will be able to learn how to simply replace the inner elastic and repair their broken scrunchie.

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INTRODUCTION

Often the elastic interior of a scrunchie will break, while the outer cloth material remains intact. At this point, most people would discard their scrunchie as useless, contributing to the fashion waste stream. Buying a new scrunchie adds to pollution, depletion of natural resources, and unfair labor practices within the fast fashion industry. With the help of this guide, scrunchie users will be able to learn how to simply replace the inner elastic and repair their broken scrunchie. This guide is relatively simple, however, it requires the use of sharp objects, such as a needle and hem ripper.

TOOLS:

- [Needle \(1\)](#)
- [Utility Scissors \(1\)](#)
- [Hem ripper \(1\)](#)
- [Pencil \(1\)](#)
- [Small piece of tape \(ex. electrical masking\) \(1\)](#)
- [Thread \(1\)](#)
- [Electrical Tape in 6 Assorted Colors \(1\)](#)

PARTS:

- [Spool of Thread \(1\)](#)

Step 1 — Hair Scrunchie Elastic



- There are two seams that hold the fabric outer tube of the scrunchie together. The long seam runs along the entire circumference of the tube. The short seam goes around just one part of the tube.

Step 2



- Locate the short seam and use the hem ripper to carefully cut through each stitch without damaging the fabric.

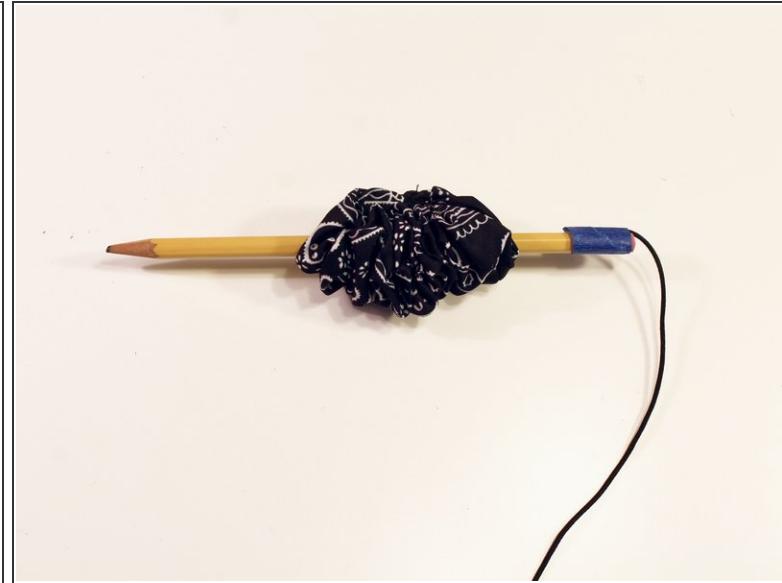
⚠ Do not cut through the stitches where the long seam intersect with the short seam.

Step 3



- Attach the elastic band to the end of a pencil with a piece of tape.

Step 4



- Insert the pencil tip into one end of the fabric tube.
- As you push the pencil through, scrunch the fabric together until the tip comes out the other side.

Step 5



- Tie a secure knot with the newly replaced elastic.

Step 6



- Prepare your needle and thread by tying a knot at the end.

Step 7



- Insert the needle at the spot holding each end of the tube together.

Step 8



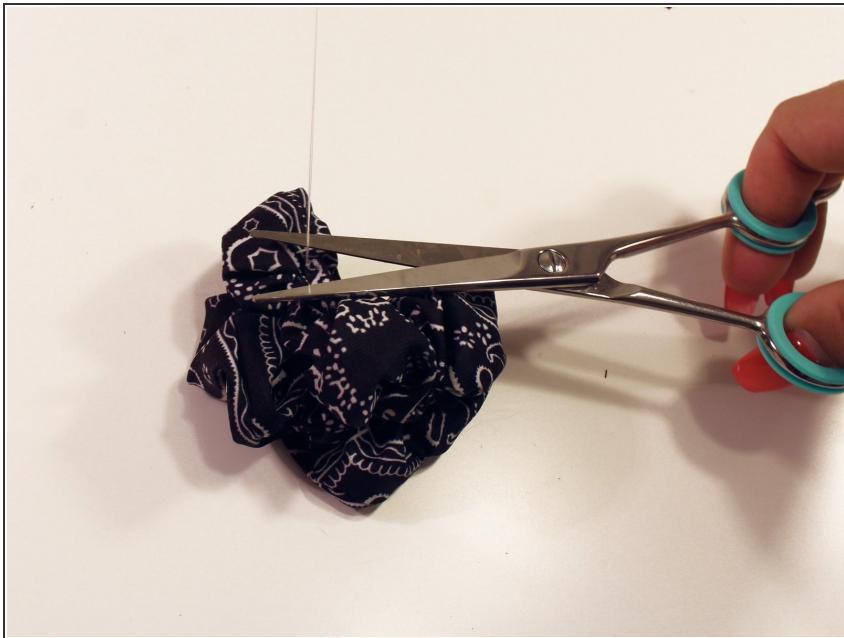
- Use the ladder stitch technique to sew each end of the tube back together.
- Use [this guide](#) for assistance.

Step 9



- Tie a knot and use your finger to keep the knot close as close to the fabric as possible.
- Repeat this process until the thread is secure.

Step 10



- Trim the thread as close to the knot as possible.

This is a simple and effective way to replace the elastic so that you can continue to use the hair accessory.