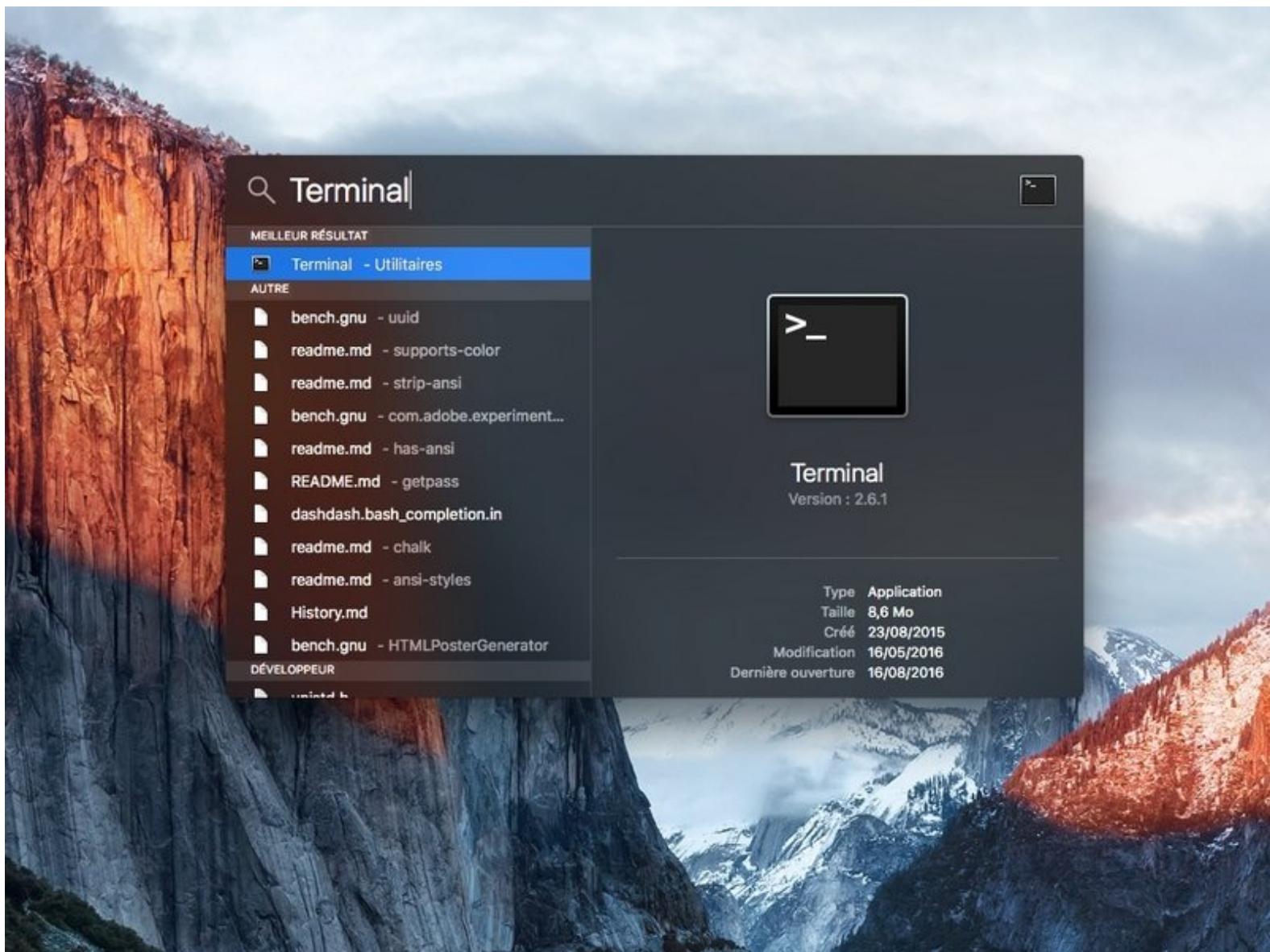




How to Enable TRIM Support

Enabling TRIM on Mac after installing an SSD.

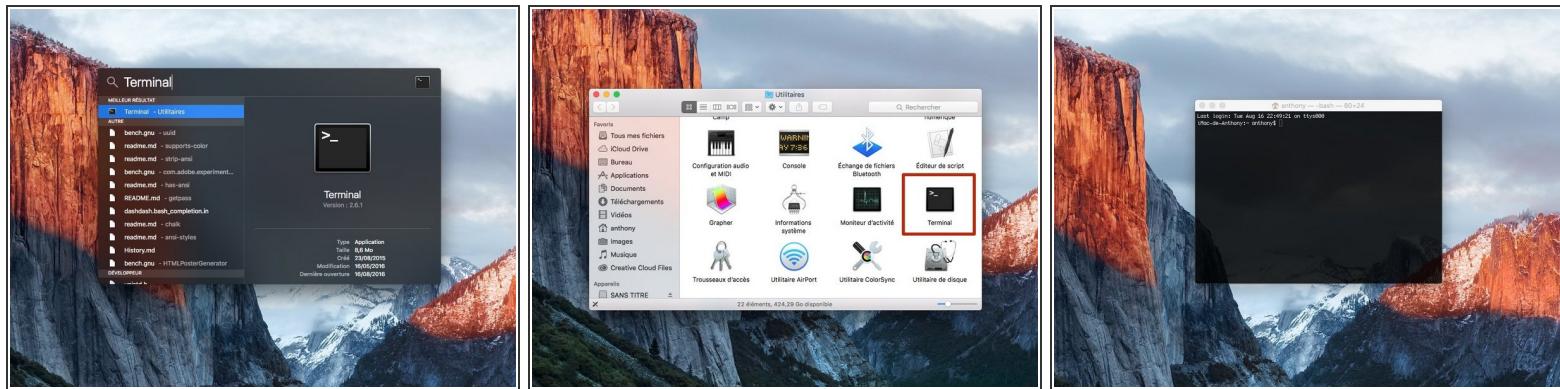
Written By: Anthony Fassler



INTRODUCTION

Enabling TRIM after installing an SSD allows for better performance with the SSD in the long run.

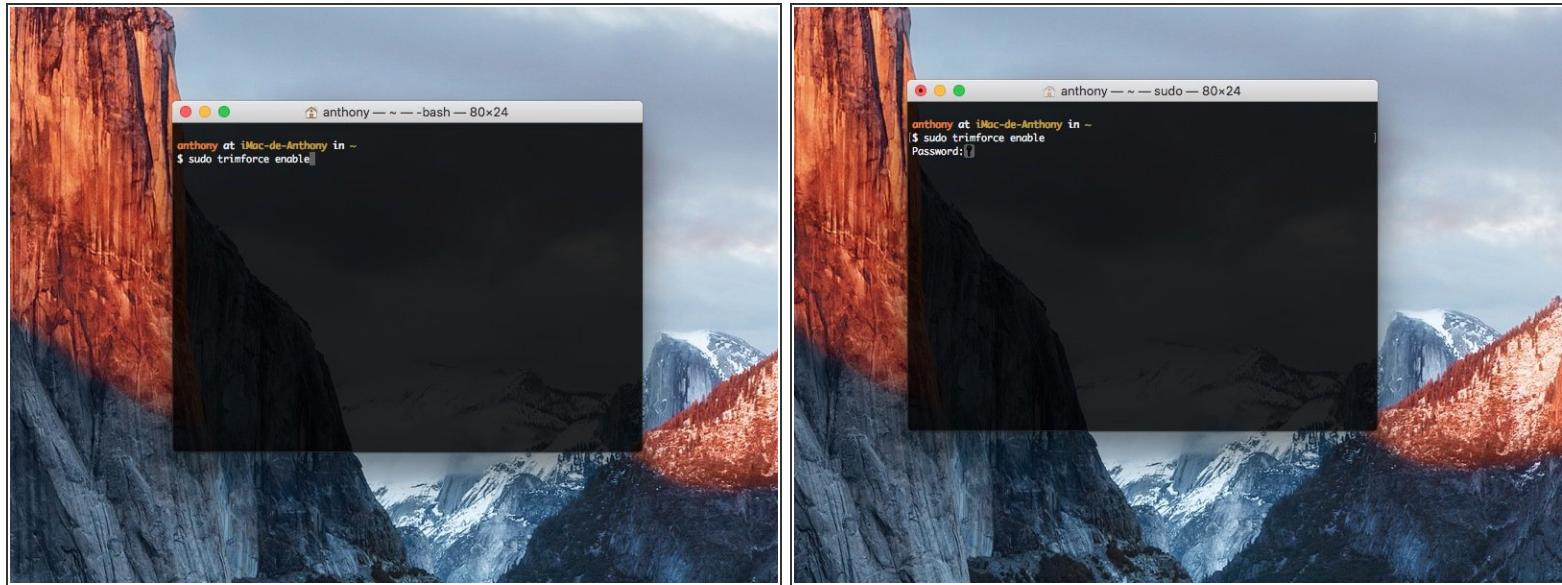
Step 1 — How to Enable TRIM Support



- **Launch Terminal.**

- You can either use **Spotlight Search** or navigate to "**Applications / Utilities**" and double click the Terminal icon to launch Terminal.

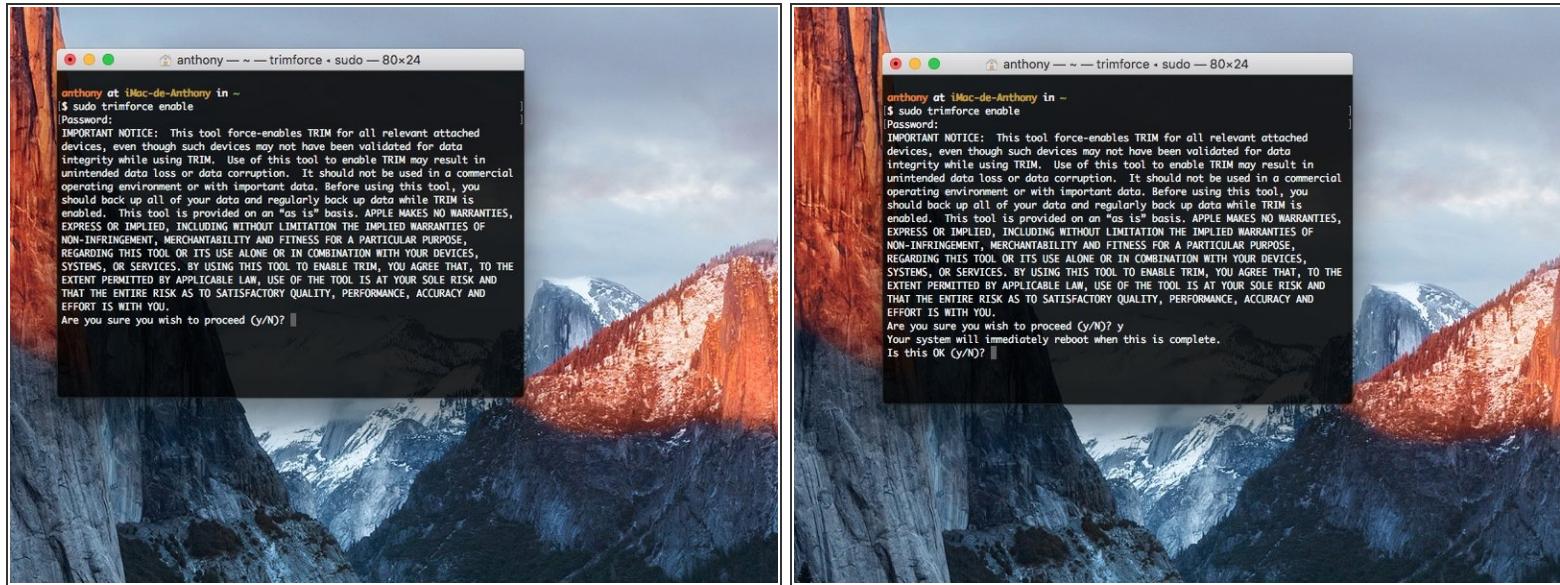
Step 2



- In the **Terminal** insert the following command line:
 - **sudo trimforce enable**
- **(i)** To **disable** TRIM, the command is as follows : **sudo trimforce disable**
- Press the **[return]** key.
- Enter your Mac's user password.

⚠ Your password will not be displayed, but it is there

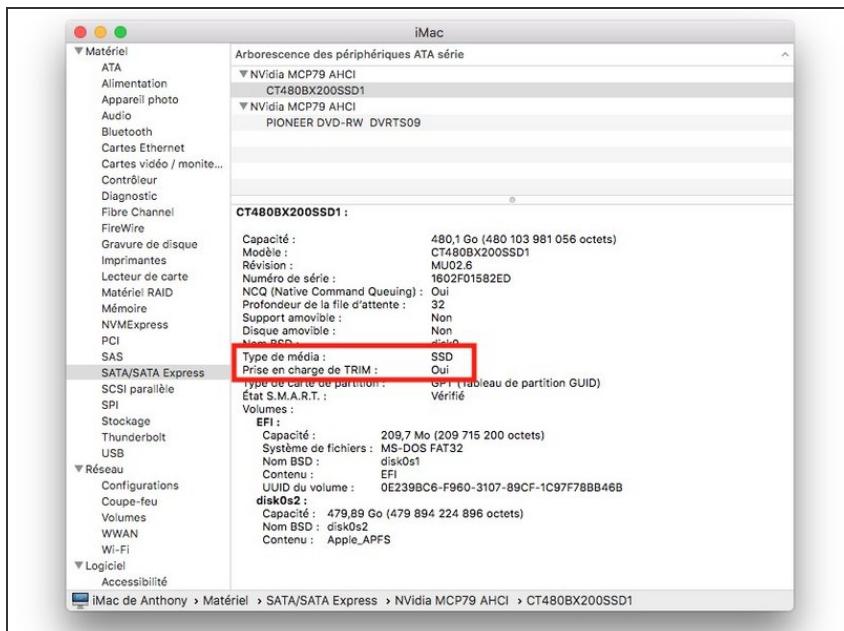
Step 3



- Press "y" and press the "return" key to accept.
- Press again "y" and press the "return" key to accept.

⚠ Warning your computer will restart.

Step 4



- Congratulations! TRIM support is enabled.

Congratulations you have enabled TRIM support in macOS.