



# How to Fix a Ripped Shirt Hem

Learn how sew a rip in a shirt's hem.

Written By: Kaitlyn Adams



## INTRODUCTION

Did you notice a loose string hanging from the bottom of your favorite shirt, only to realize that the hem ripped? If so, this is the perfect guide to fix your problem.

### TOOLS:

- **Fabric Scissors** (1)

*If you don't have fabric scissors, regular scissors will work.*

- **Iron** (1)

- **Sewing Thread** (1)

- **Sewing Pins** (1)

*Only necessary if hem is ripped more than a few inches.*

- **Sewing Needle** (1)

## Step 1 — How to Fix a Ripped Shirt Hem



- Turn your shirt inside out.
- Find your shirt's ripped hem.
- If the shirt has any loose strings, trim them.

## Step 2

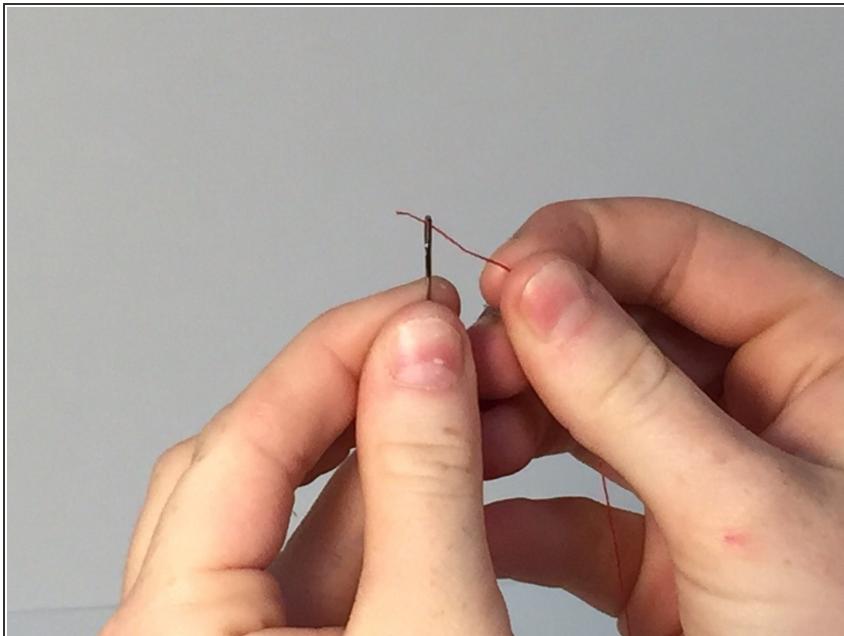


- Iron the area of the shirt where the hem is ripped.
- If the hem is ripped several inches, you might want to insert sewing pins to keep the fabric in place.

*i* It's important to iron because it allows for easier sewing when the shirt stays folded the same way as the non-ripped part of the hem.

**⚠** The iron will be very hot. Be careful as to not burn yourself.

## Step 3

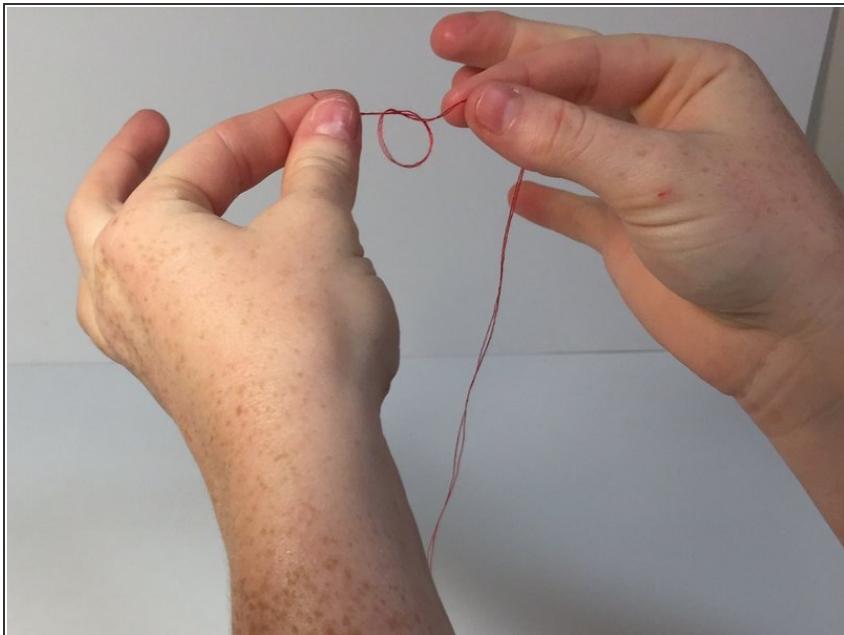


- Acquire a sewing needle and thread.
- Take your thread and loop it through the eye of the needle, the hole at the end of the needle.

*i* You'll want the thread to be the same color and shade as the original thread. For visual purposes, I will use red in place of black.

 The needle is sharp.

## Step 4



- Pull the thread through the needle so that there is an equal length on each side of the needle.
- Tie the end of the thread together by making a knot.

*i* Making an additional knot over the first makes it more secure.

## Step 5



- Starting on the inside of the shirt, poke the needle through toward the side that is right-side-out.
- *i* Sew over the original thread for about half an inch to ensure that it's thread won't rip again.

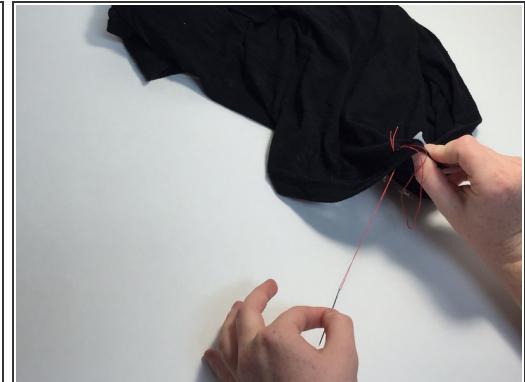
## Step 6



- Once the needle and thread is pulled through the side that is right-side-out, you will push it back through as close to the original hole as you can.

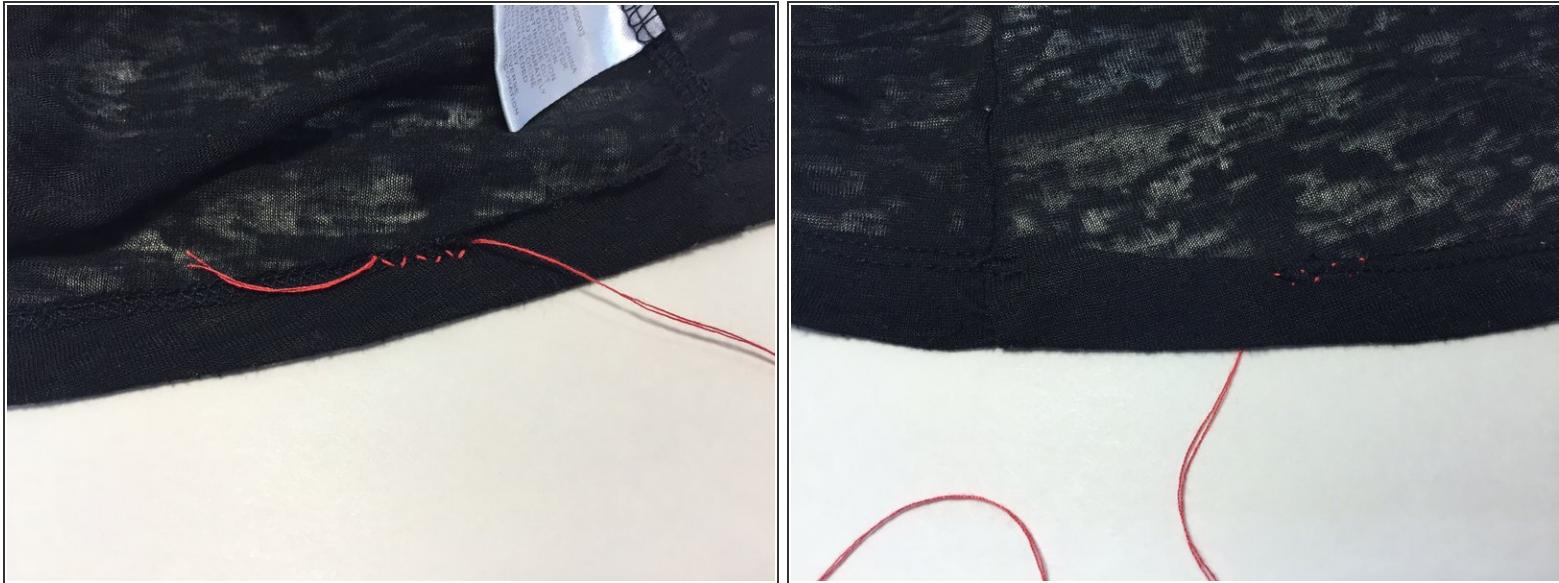
- i* Doing this will make the visible hem as hidden as possible.

## Step 7



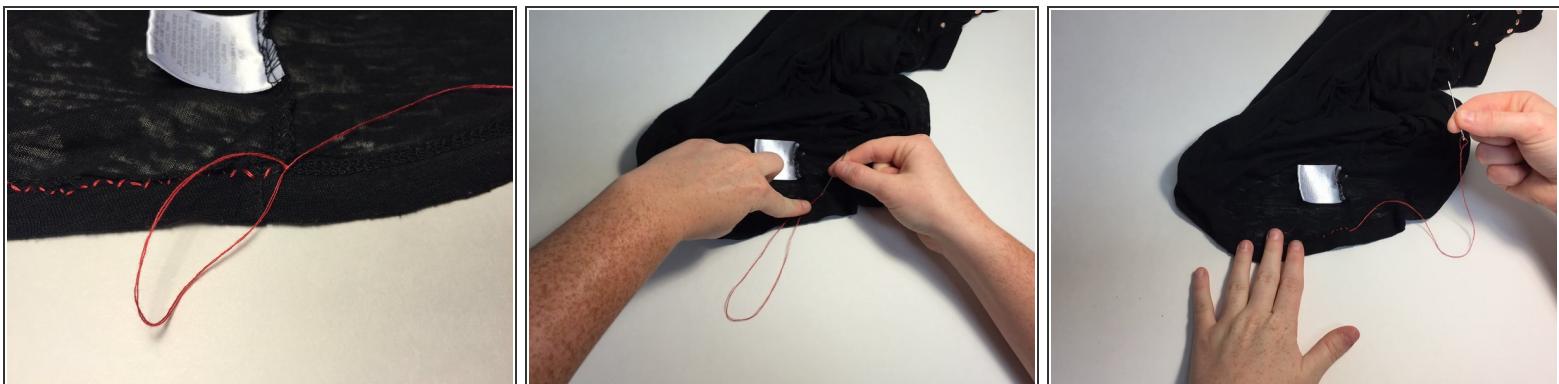
- When you're back on the inside of the hem, make the next stitch a couple millimeters over and diagonal from the first.

## Step 8



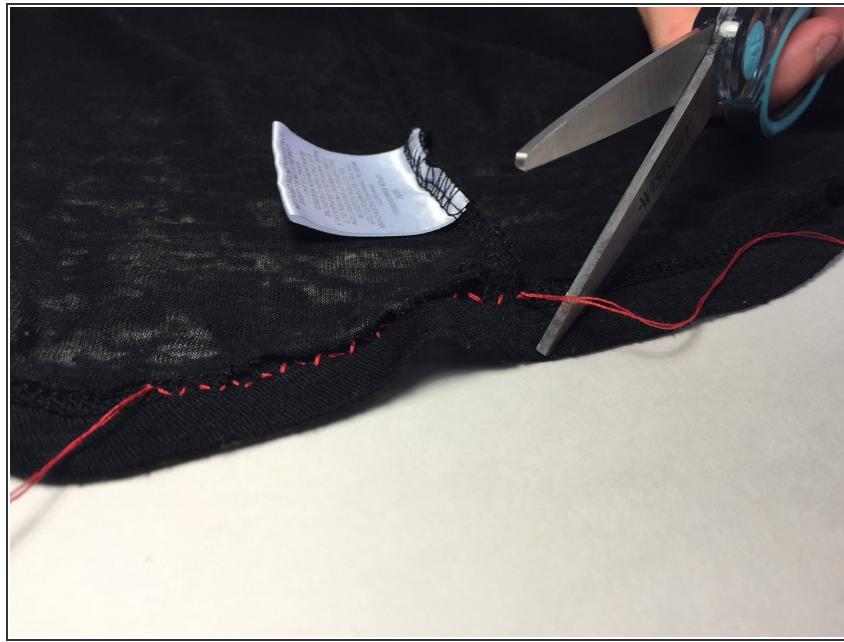
- Continue this pattern so that the inside has diagonal stitches, and the outside has small, staggered dots.

## Step 9



- Finish sewing the hem. Make sure the last stitch is on the inside of the shirt.
- Make a knot where you intend for the pattern to stop.
- It's important to tie the knot as close to the fabric as possible. Doing this secures the stitching.

## Step 10



- Cut off excess thread.