



How to Repair the Sole of a Converse Sneaker

How to repair the sole of a broken Converse sneaker with household items.

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INTRODUCTION

The main focus is to be able to wear your sneaker for many more days to come after this fix. My method is to incorporate household remedies to repair the sole of the sneaker. I will use name brand items that can be found in common stores and list the procedures on how to mend the sneaker back together. I will use items like paper towels, towels, crazy glue, Mr. Clean Magic eraser, a basic toothbrush, water, and heavy item to place on sneaker for firm grip. These steps are an efficient fix for the area where Converse sneakers seem to have wear and tear at.

TOOLS:

- [Mr. Clean Magic Eraser \(1\)](#)
- [Crazy Glue \(1\)](#)
- [Toothbrush \(1\)](#)
- [Textbook \(1\)](#)
- [Paper Towels \(1\)](#)
- [Towel \(1\)](#)
- [ESD Gloves \(1\)](#)

Step 1 — How to Repair the Sole of a Converse Sneaker



- Place sneaker on small towel in a location that is out of the way so when drying it will not be touched. Find the exposed hole in the sneaker.
- Inspect to see how big it extends down the side of the sneaker.

Step 2



- Clean off Converse Sneaker with Mr. Clean magic eraser.
- Use a motion of a normal scrub, side to side.

Step 3



- Use a wet toothbrush to clean out any debris or extra dirt the Mr. Clean eraser did not remove.

Step 4



- Place Converse sneaker sole flat on a towel.

Step 5



- Grab crazy glue and trace the lining of the sole where it is splitting from the Converse sneaker.
- Use the needle part of the glue tube to wedge into the narrow openings.

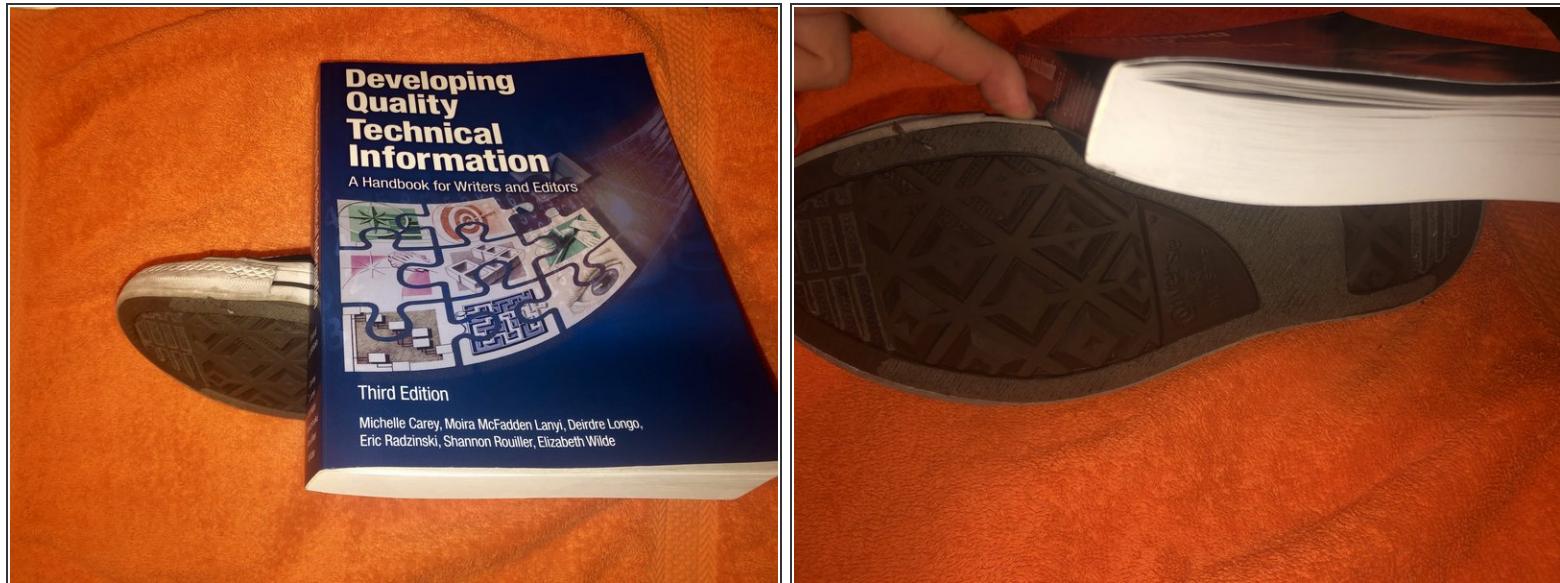
! Glue is very sticky and dries fast. A little goes a long way.

Step 6



- Grip the Converse sneaker shut 1 minute so the glue sets.
- Push down firmly.

Step 7



- Place a heavy object (i.e. textbook) on top of the Converse sneaker to firmly hold it together and leave over night. This is the final step.
- ① After a day the sneaker should be ready to wear!

Thank you for following these steps and I hope your Converse are as good as new!