



# How to Tie a Tie: Trinity

Instructions on how to tie a Trinity knot.

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## INTRODUCTION

**Active End:** The end of the tie that will be used to tie the knot. This can be either the wide end or narrow end of the tie depending on the tie knot.

**Shirt Collar:** A band of material around the neck of a shirt that can either be folded or unfolded.

**Neck Loop:** The loop of the tie that goes around the collar.

**The Trinity:** A more complicated knot for people with more experience. This knot ends with a shorter, wider end, better suited for people wearing suits or vest.



### PARTS:

- [Neck Tie](#) (1)
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## Step 1 — Preparation



- Fold the collar of your shirt up.

## Step 2



- Wrap the tie around the back of your neck with the wide end on the left side of your body and the narrow end on the right side.
  - The narrow end of the tie will be your active end.
- Note:** The wide end of the tie should be around the height of your belly button or a little higher. It may need to be adjusted for personal height.

## Step 3 — Tying



- Take the active end and it cross over the wide end, so it is pointing to the left.
- ❗ **Note:** be sure that the tie always lays flat so that there are no twists in the fabric.
- ❗ **Note:** Be sure to keep this wrap and all subsequent wraps tight against one another.

## Step 4



- Wrap active end under the left side and up through the neck loop, so that it points up.



## Step 5



- Wrap the active end over the left side again, so that it now points down.

## Step 6



- Wrap the active end under the wide end of the tie, so that it now points towards the right.

## Step 7



- Wrap the active end over the knot, so that it now points up.

## Step 8



- Wrap the active end down through the neck loop, and pull to the left side, so that it now points left.



## Step 9



- Wrap the active end over the wide end of your tie.

**Note:** leave this wrap a little loose as it will be used in step 11.

## Step 10



- Wrap the active end under the right side and up through the neck loop, so that it points up.

## Step 11



- Pull the active end down through the wrap you made in step 9 (**see picture 2**). Then pull the active end so that it points left.

**Note:** leave this new wrap a little loose as it will be used in step 13.



## Step 12



- Wrap the active end under the wide tie to the right, so that the active end is pointing right.

**(i) Note:** be sure that is tucked completely behind the wide end.

## Step 13



- Wrap active end over the knot and pull through the diagonal wrap you made in step 11 (**see picture 3**).

## Step 14 — Finishing



- Tighten the neck knot by holding the knot and pulling on the narrow end of the tie away from you.

## Step 15



- Tighten the neck loop by pulling down on the wide end of the tie and sliding the knot up toward your neck.



## Step 16



- Tuck the rest of the narrow end into your collar and fold your collar down.

Congratulations! You've successfully tied the Trinity knot!