



# How to change the grips on a golf club

This guide will help you through changing the grips on a golf club.

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## INTRODUCTION

Are the grips on your golf clubs getting old? Are your grips not providing you with the grip you need to maximize your performance on the course? This guide will inform you step-by-step on how to change those old grips for new grips.



### TOOLS:

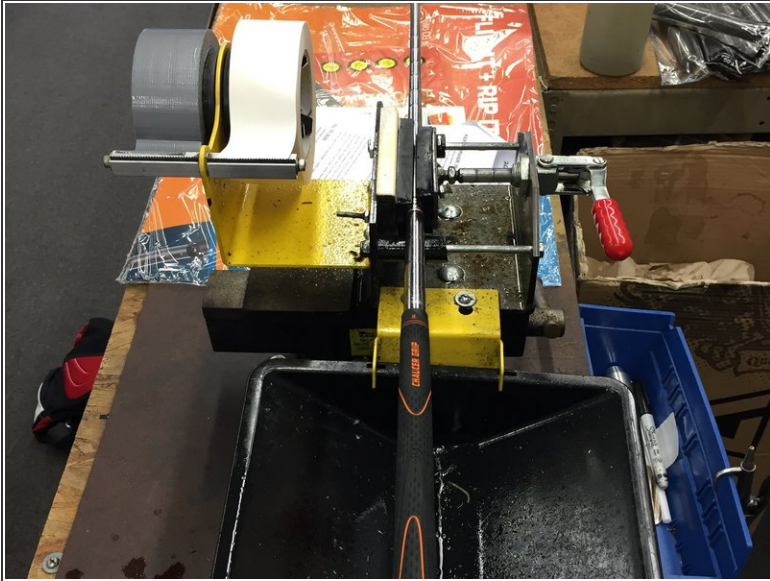
- [Xacto Knife](#) (1)
- [Bench Vise and Rubber Pads](#) (1)
- [Container to catch excess mineral spirits](#) (1)



### PARTS:

- [Double-Sided Grip Tape](#) (1)
- [Mineral Spirits](#) (1)
- [Golf Grips](#) (1)

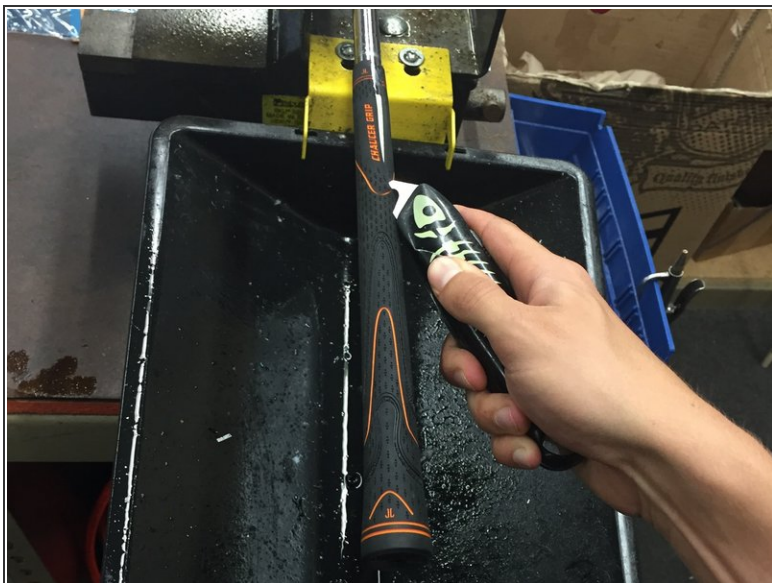
## Step 1 — Grip



- Tighten golf club on vice clamp. Align the golf club so that the club face is vertical.
- Note: Make sure you place container underneath the grip to catch excess mineral spray in later steps.

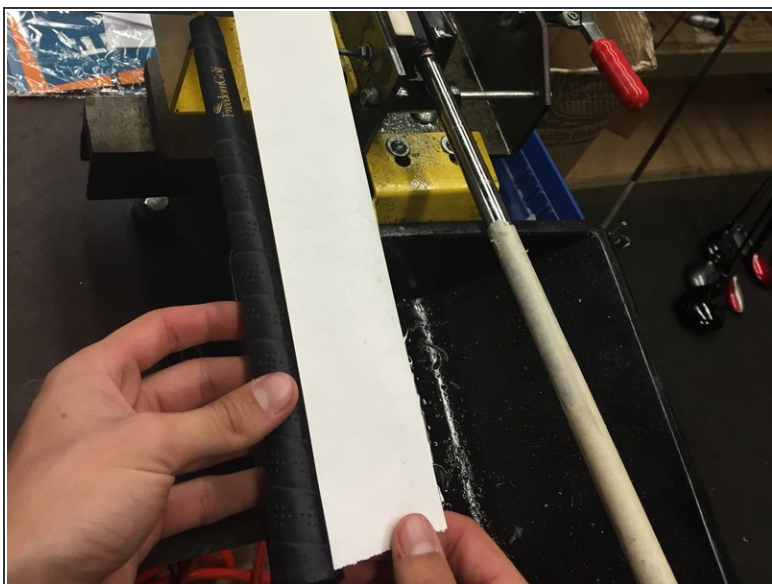


## Step 2



- With the xacto knife cut the old grip off of the club.
- Remove grip from club.

## Step 3



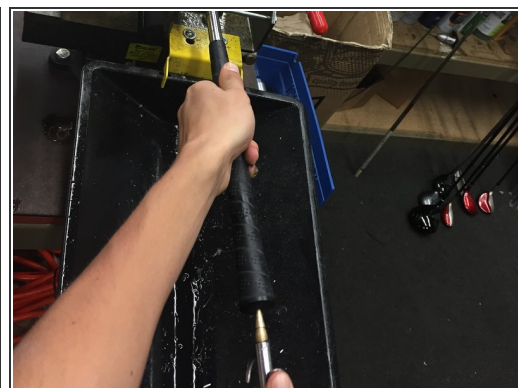
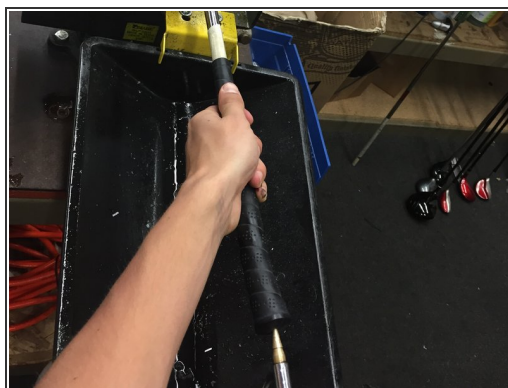
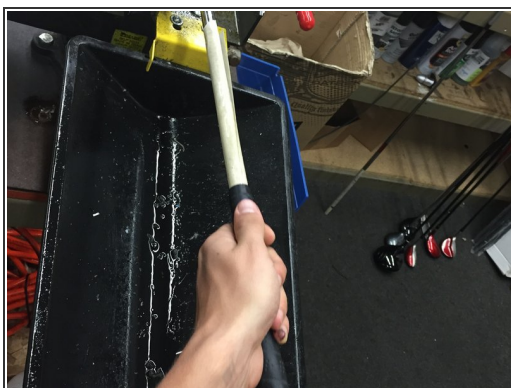
- Measure the amount of double-sided tape necessary to cover the area of your grip.
- Place the tape on the club so that it is centered and an extra inch comes off the end of the club.

## Step 4



- Squirt mineral spirits on the tape.
- Make sure you drench the tape in mineral spirits.
- Note: it is safe to get mineral spirits on your skin, it is non-toxic.

## Step 5



- While the tape still has mineral spray on it, quickly slide the grip all the way down.



## Step 6



- Wait 1-2 hours for the mineral spray to dry.

To reassemble your device, follow these instructions in reverse order.