



# Installing Hook-and-Loop Tape in Clothing

Follow these steps when you need to install hook-and-loop tape on your clothing.

Written By: Brittany McCrigler



## INTRODUCTION

Hook-and-loop tape, also known by the common brand, Velcro, is a widely used fastener for clothing of all types. The hook-and-loop tape on your clothing provides a reliable way to close two pieces of fabric together without much hassle. This guide shows you how to sew hook-and-loop tape onto your fabric. If you have worn out hook-and-loop tape that needs to be replaced, you can use these same directions, but simply remove the stitches on your old hook-and-loop tape first, by using a [seam ripper](#). In this guide we are using contrasting thread for visibility. When it comes time to do your actual project, you'll want to use thread that matches the color of your hook-and-loop tape.

For replacement parts or further assistance, contact [Patagonia Customer Service](#).



### TOOLS:

- [Sewing Machine](#) (1)
- [Sewing Pins](#) (1)
- [Utility Scissors](#) (1)



### PARTS:

- [Hook and Loop Tape](#) (1)



## Step 1 — Installing Hook-and-Loop Tape in Clothing



- Lay your piece of hook-and-loop tape on the fabric where you would like it to live.
- [Pin](#) the hook-and-loop tape into place.

## Step 2



- Position your fabric under the [presser foot](#) of your sewing machine in the upper right hand corner of the hook-and-loop tape. Drop the presser foot.
  - Use the [balance wheel](#) to sink the needle.
- ⚠ The balance wheel should only be turned in the direction that advances the sewing machine. Usually, this means turning the wheel towards you. Turning the wheel in the opposite direction can ruin the tension on the sewing machine, causing it to jam. See your sewing machine manual for instructions specific to your machine.

### Step 3



- Sew along the edge of the hook-and-loop tape, stopping just at the end.
  - Pull the pin out.
- i** When you pull the pin out, be sure the needle is already down. If not, use the balance wheel to sink the needle into the fabric.

### Step 4



- Lift the presser foot, leaving the needle sunk.
- Rotate the fabric 90° counterclockwise.



## Step 5



- Lower the presser foot and sew the second side of the hook-and-loop tape.
- Continue sewing the hook-and-loop tape. When you come to the end of a side, sink the needle into the fabric and lift the presser foot. Then turn the fabric at each of the remaining corners.

## Step 6



- On the last side of the hook-and-loop tape, [backstitch](#) over the last few stitches.

## Step 7



- Clip the threads, freeing the fabric from the sewing machine.
- Clip the extra thread off.
- Repeat this guide for the other side of the hook-and-loop tape.