



# Kensington Hi-Fi Headphones 33137 Headband Adjustment Piece

This guide shows how to remove the headband adjustment piece in the Kensington Hi-Fi Headphones 33137.

Written By: Alexis Carr



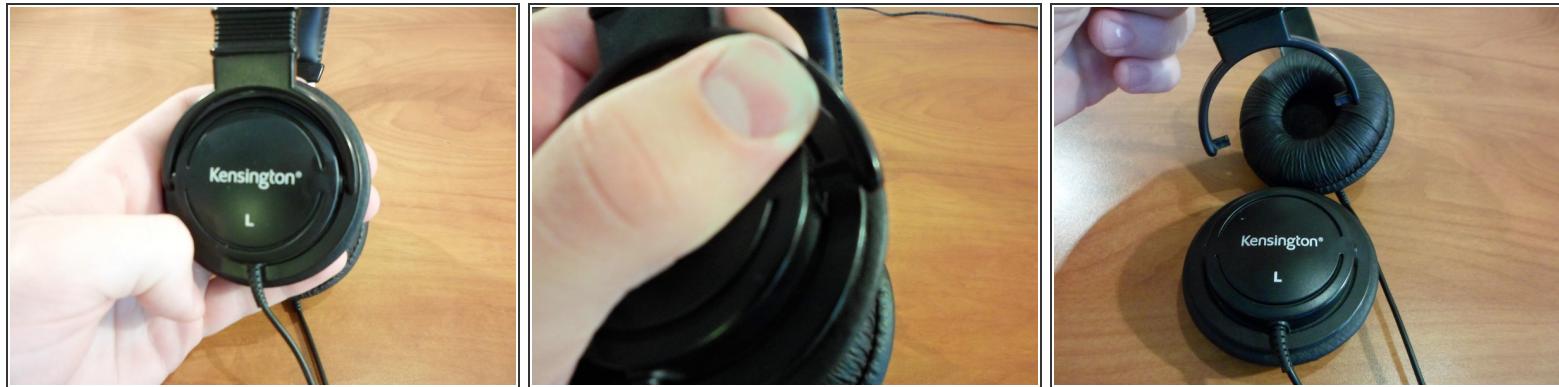
## INTRODUCTION

The headband adjustment piece inside the Kensington Hi-Fi Headphones 33137 allows the headband to be adjusted for better fit. This guide shows how to remove and replace this piece.

### TOOLS:

- [Phillips #0 Screwdriver \(1\)](#)

## Step 1 — Inner Headband Cover

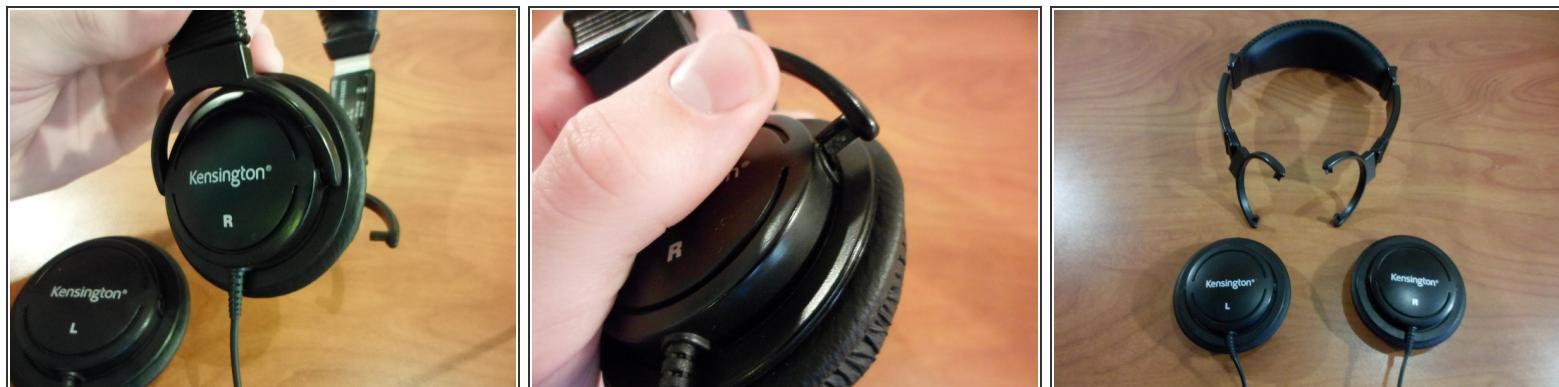


- Starting with the left speaker first, pull out one side of the speaker clamp where the clamp enters the hole on the speaker cover.

⚠ Do not pull out the speaker clamp with too much force, or it may break.

- After one side of the speaker clamp is removed from the speaker cover, pull the other side of the speaker clamp out.

## Step 2



- Repeat the process in Step 1 to remove the right speaker clamp.

## Step 3



*(i)* This picture shows the headphones with the speakers detached. Steps 1 and 2 are not necessary to replace the headband covers, however they do make the process easier.

- Turn the headphones so that the inner headphone cover is visible.

## Step 4



- Use the Phillips #00 screwdriver to loosen and remove the screw holding the inner headphone cover in place.
- The screw dimensions are as follows: Length to Head = 4 mm, Head Length = 1.5 mm, Head Diameter = 3.5 mm, Major Diameter = 2 mm, Pitch = 0.5 mm.
- All steps can be followed on both the left or right side of the headphones to remove inner coverings.

## Step 5



- Use the screwdriver to pry the inner headband covering loose.
- ⚠ Do not push the inner covering panel too hard, or the plastic will break. Only apply enough pressure to lift the panel up slightly.
- Once the inner covering is loose, pull it free from the headband with your fingers and set it aside.
- ⚠ Make sure to pull the inner cover free gently do avoid losing the adjustment piece within the cover. It falls out easily and can be lost.

## Step 6 — Speaker Clamp



- Turn the headphones so that the inner tab of the speaker clamp where it attaches to the headband can be seen.
- Pull the speaker clamp so that the metal lifts free of the headband.

## Step 7



- Remove the speaker clamp.

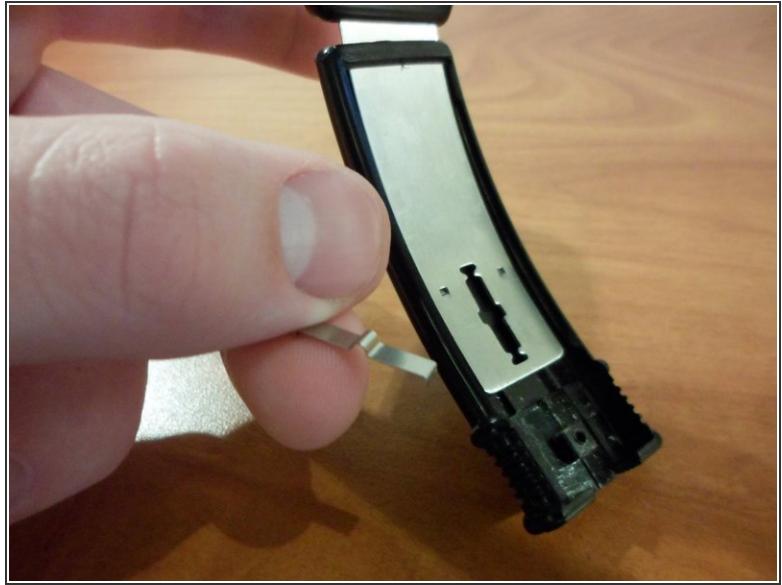
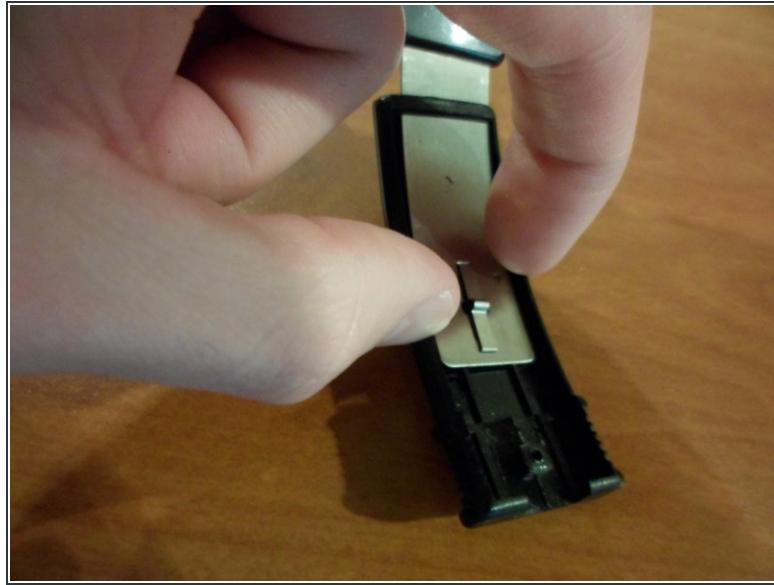
*(i)* All steps can be followed on either the left or right arm of the headphones to remove speaker clamps.

## Step 8 — Headband Adjustment Piece



- Turn the headphones so that the metal pieces inside the headband covering can be seen.

## Step 9



- With your fingers, lift the small metal headband adjustment piece.
- Remove the piece and set it aside.

***(i)*** All steps can be followed on either the left or right arm of the headphones to remove adjustment pieces.

To reassemble your device, follow these instructions in reverse order.