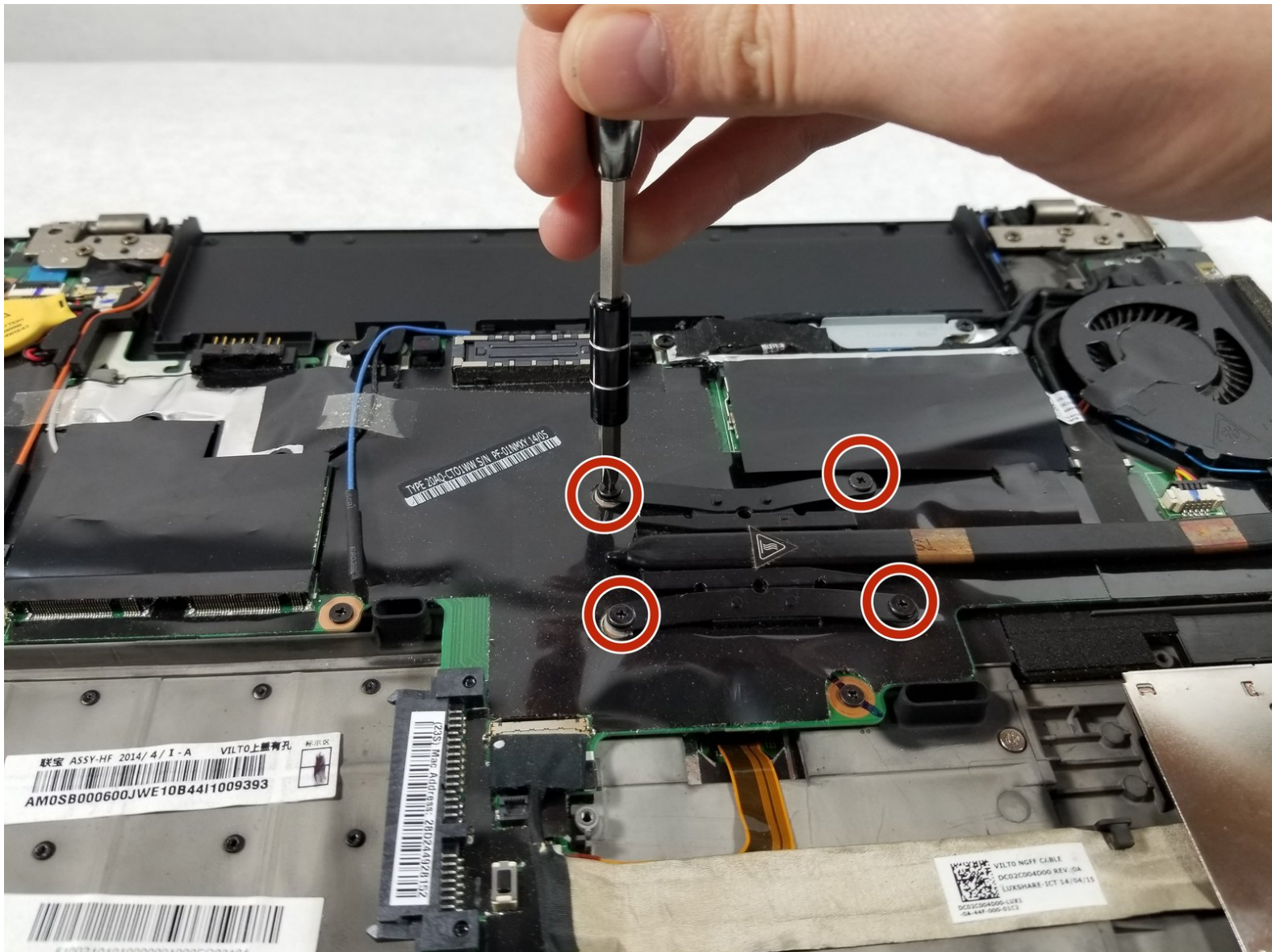# Lenovo Thinkpad T440s Thermal Paste Replacement

This guide will show how to replace the thermal paste on the CPU processor of the Lenovo Thinkpad T440S.

Written By: Terelle Montalvo

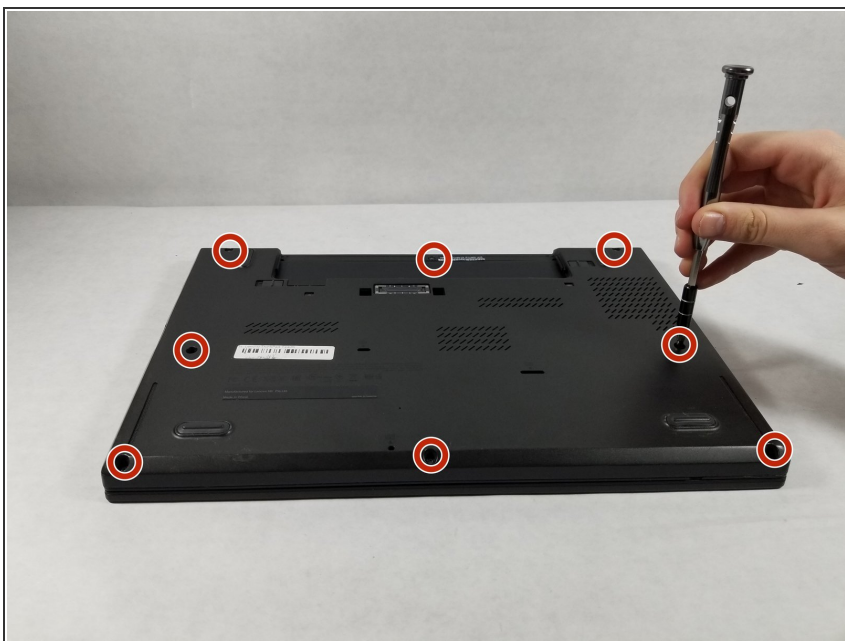This document was generated on 2020-04-04 09:04:06 AM (MST).

🔧 TOOLS:

- [Phillips #1 Screwdriver](#) (1)
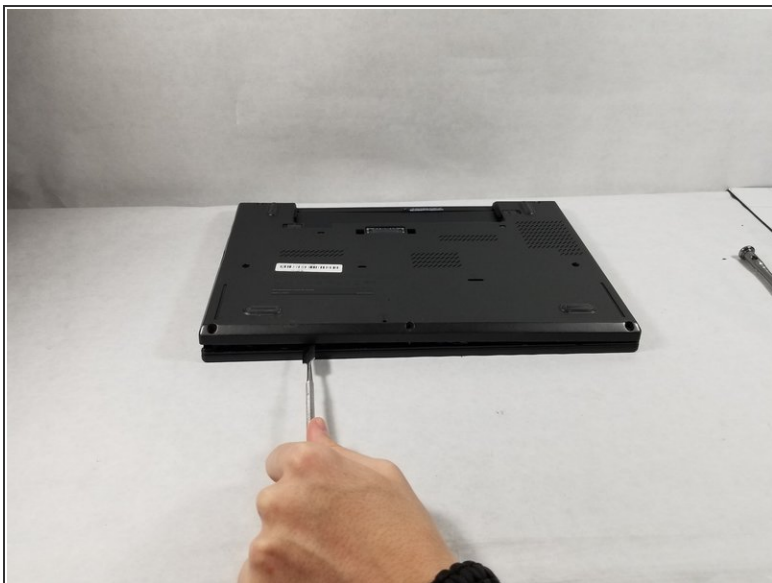- [Metal Spudger](#) (1)

Step 1 — Back Panel

- Make sure to power down and turn off your device before proceeding with the repair.

- Flip your laptop over so that the backside is facing you.
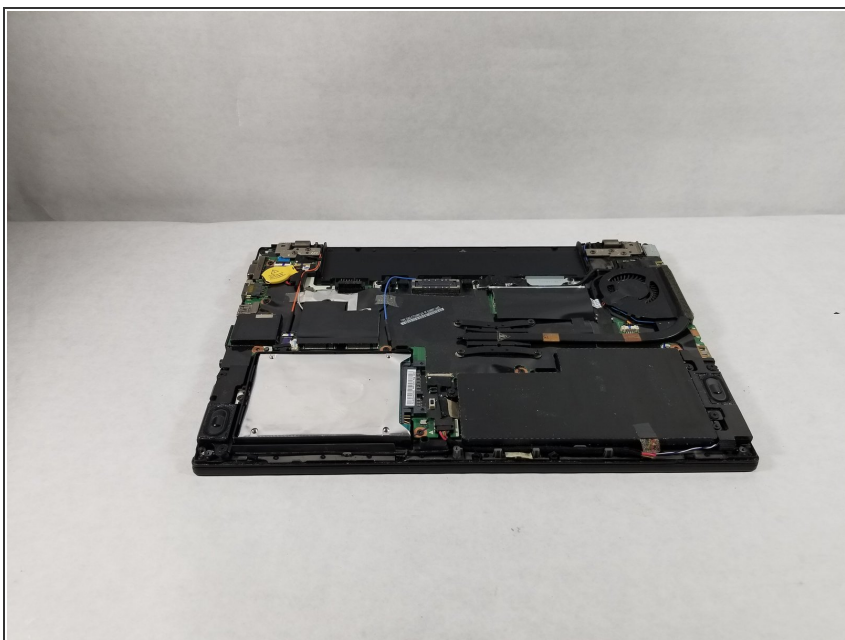
Step 2

- Using a Phillips #1 screwdriver, remove the eight screws securing the backplate.
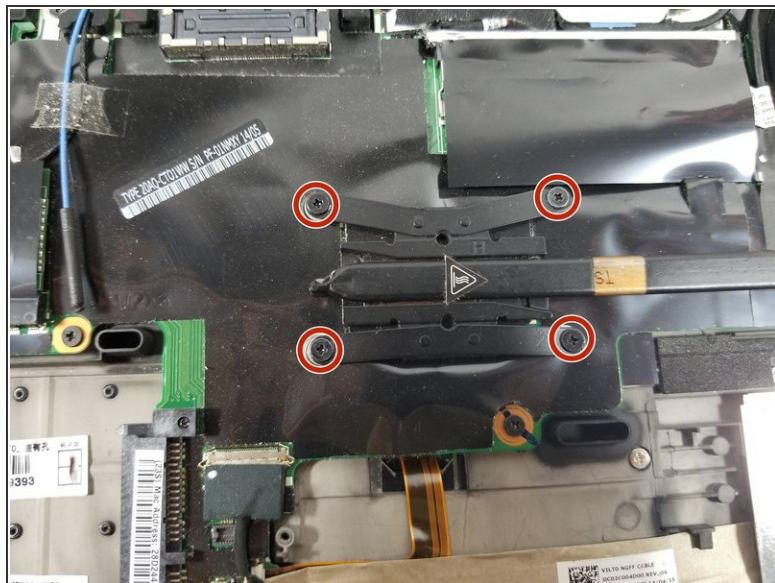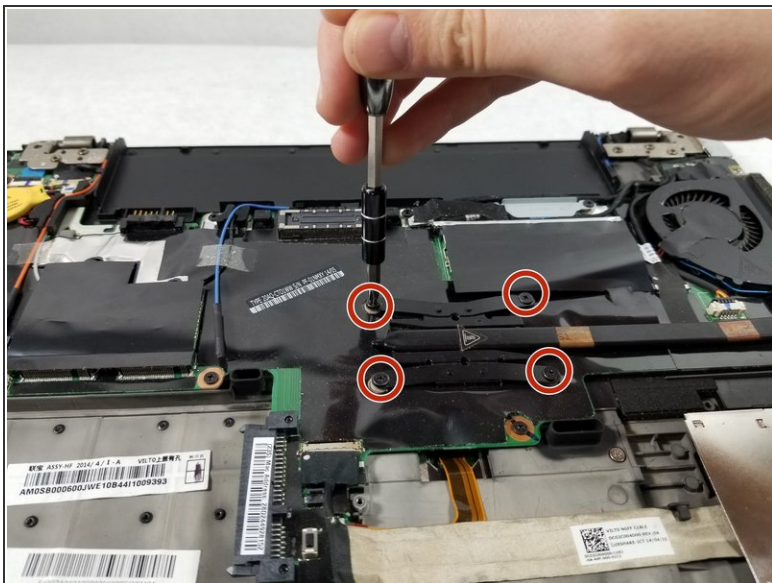

Step 3

- Using the metal spudger, wedge it in the seam where the backplate meets the front plate and run the tool along the seam to separate the backplate.
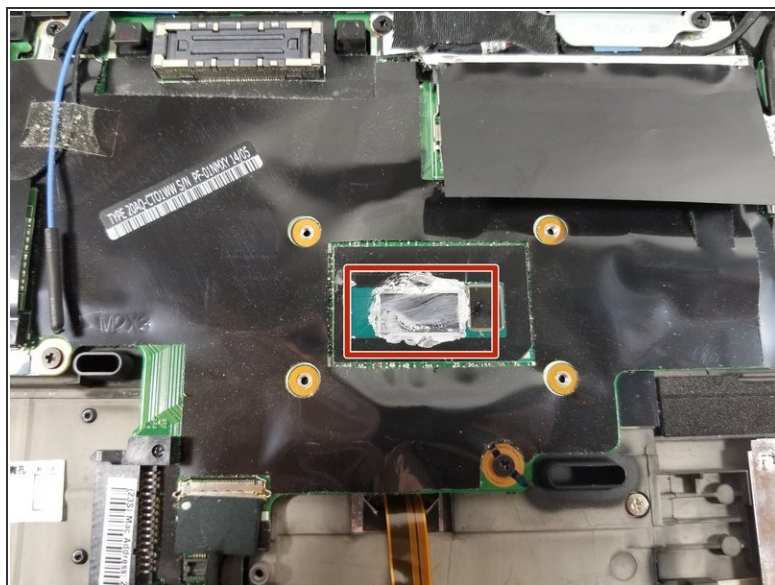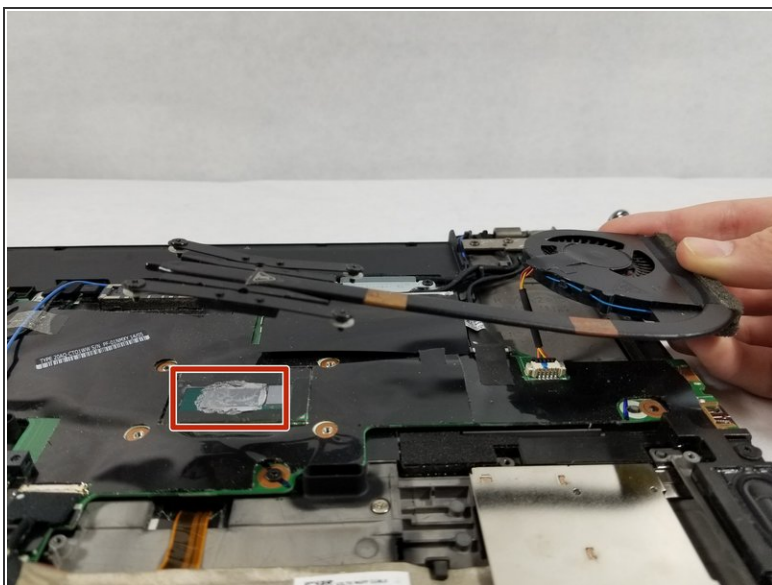
Step 4

- Remove the back panel from the device.

Step 5 — Thermal Paste

- Use the Phillips #1 screwdriver to remove the four screws securing the fan to gain access to the processor.

Step 6

- Lift the fan assembly to gain access to the thermal paste, from here the thermal paste can be wiped away and replaced.

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To reassemble your device, follow these instructions in reverse order.

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