



# Tennis Racquet Grip Tape Replacement

How to remove an old tennis racquet grip and replace it with a new one. Also teaches how to apply an overgrip on top of a preexisting grip.

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## INTRODUCTION

For this repair you will be removing your old grip and replacing it with a new Replacement Grip that you purchased from a sports store. This guide will also explain how to apply an Overgrip that you may have purchased for a variety of reasons: disliking the texture of the replacement grip, feeling you want a thicker grip, or simply wish to protect the more expensive Replacement Grip.

### TOOLS:

- [Staple Remover](#) (1)
- [Utility Scissors](#) (1)
- [Pencil](#) (1)

## Step 1 — Tennis Racket Grip Tape



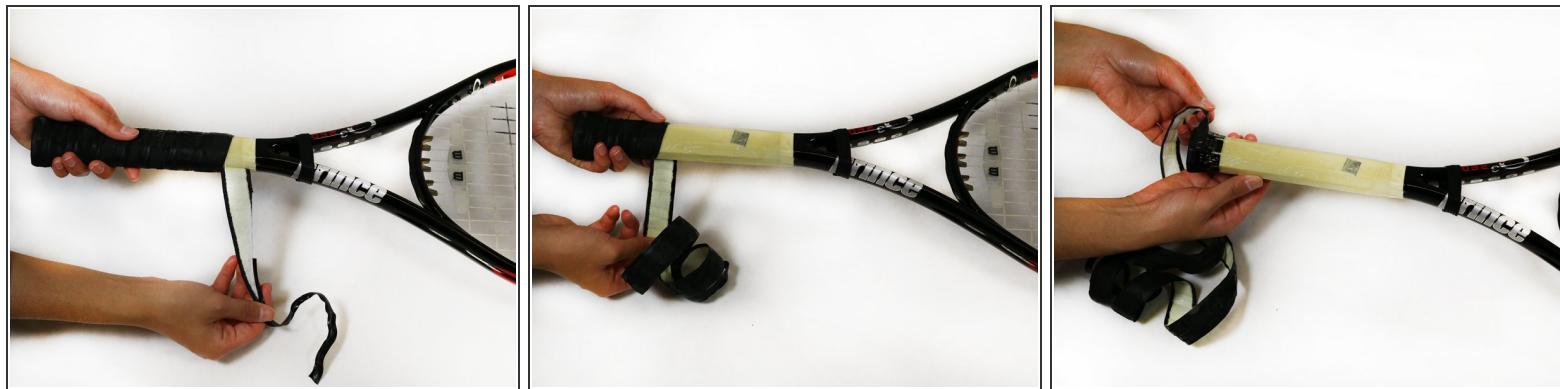
- Pull the rubber collar towards the tennis racquet head off the handle.

## Step 2



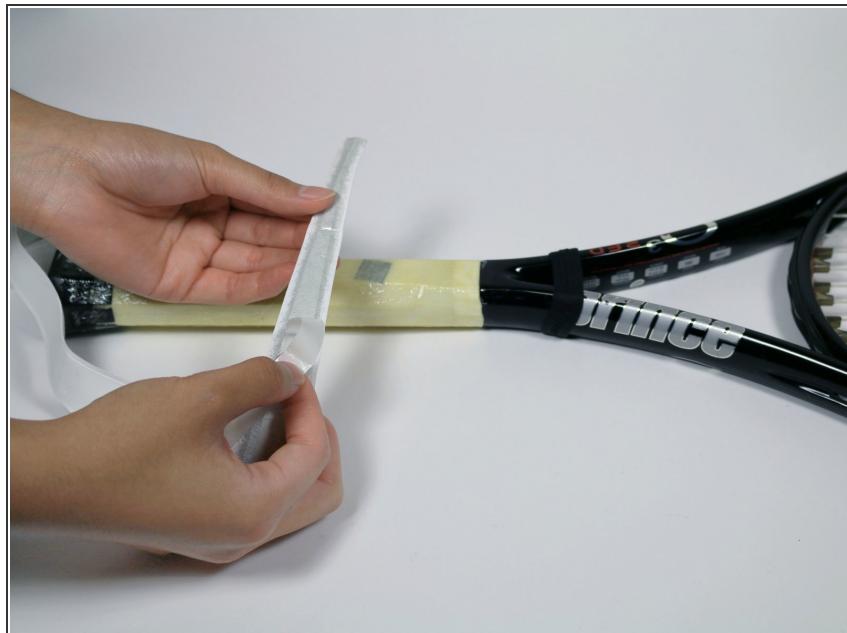
- Unwrap the tape on the tennis racquet handle top.

## Step 3



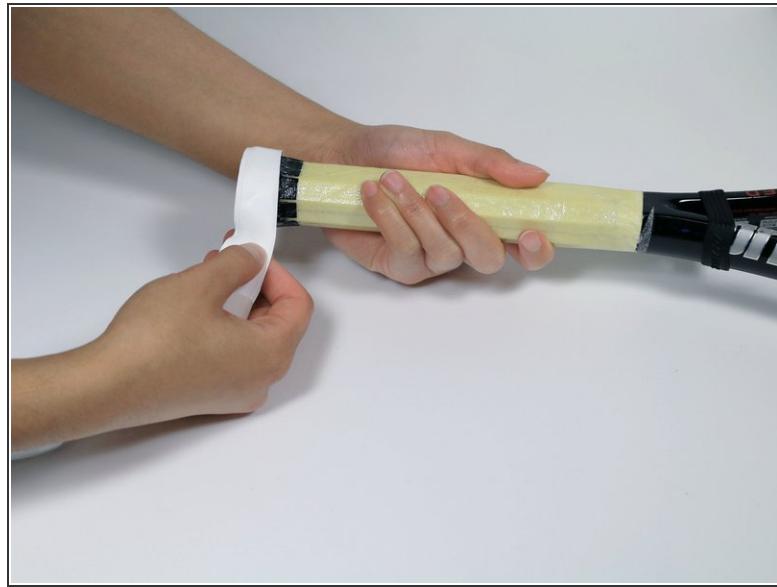
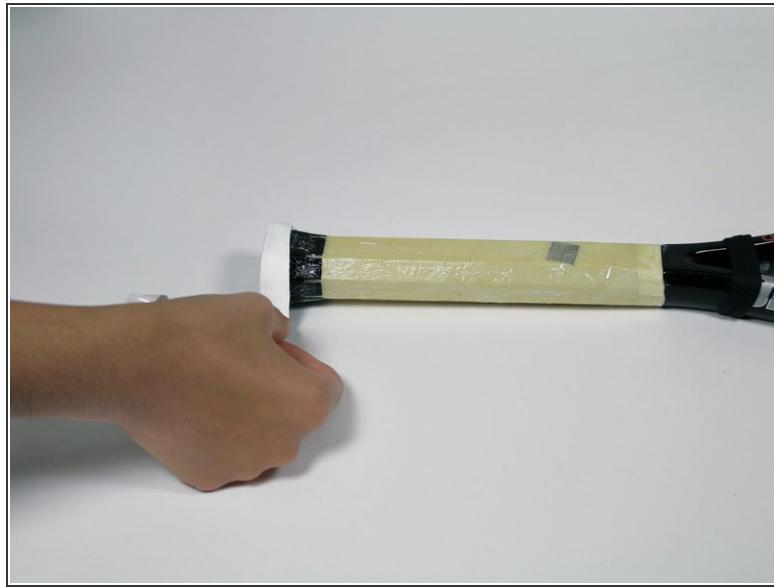
- Remove the old grip.
- Some older tennis racquets may have a few staples holding the grip to the buttcap. Use the staple remover to take them out.

## Step 4



- Peel off 6 inches of the paper backing covering the adhesive from the replacement grip.

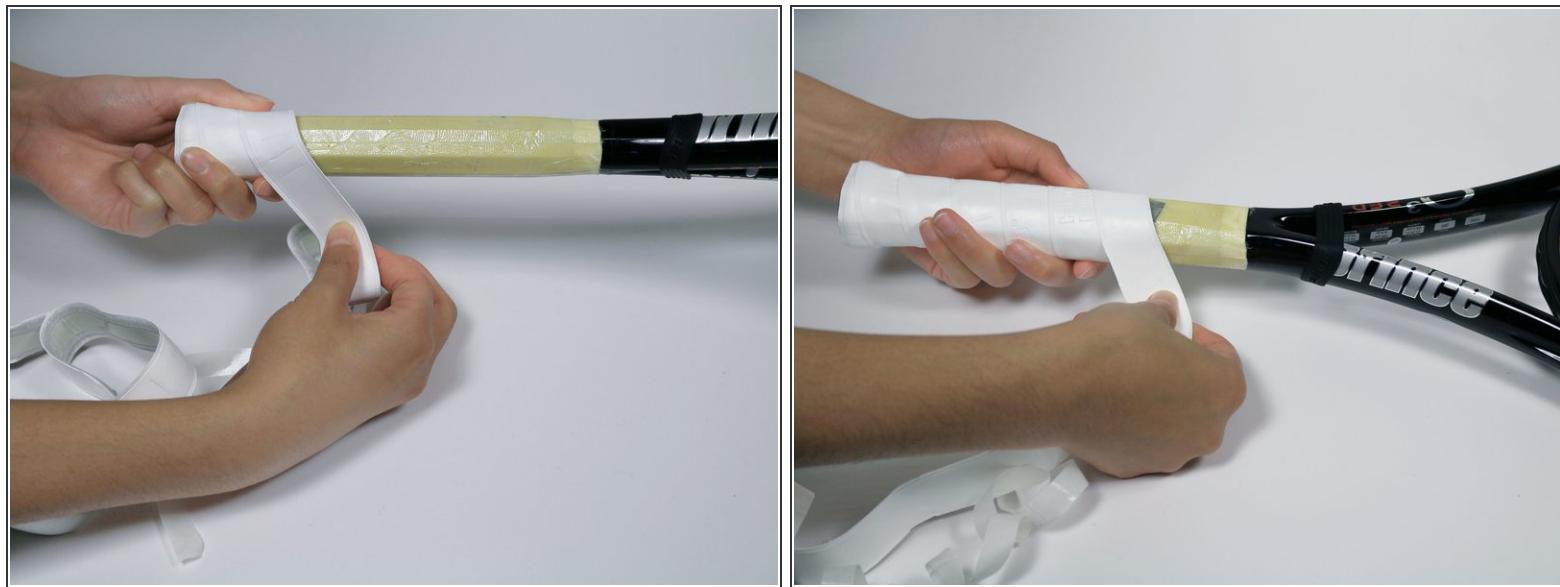
## Step 5



*(i)* Face the racquet so the buttcap is towards you.

- If you are left-handed, wrap the tape towards the right. This method is what is used in the photos.
- If you are right-handed, wrap the tape towards the left
- Wrap the grip flush with the buttcap base.

## Step 6



- Wrap the handle at a steady incline, peeling off the backing 6 inches at a time.

**⚠** Stop wrapping just before you finish wrapping the handle.

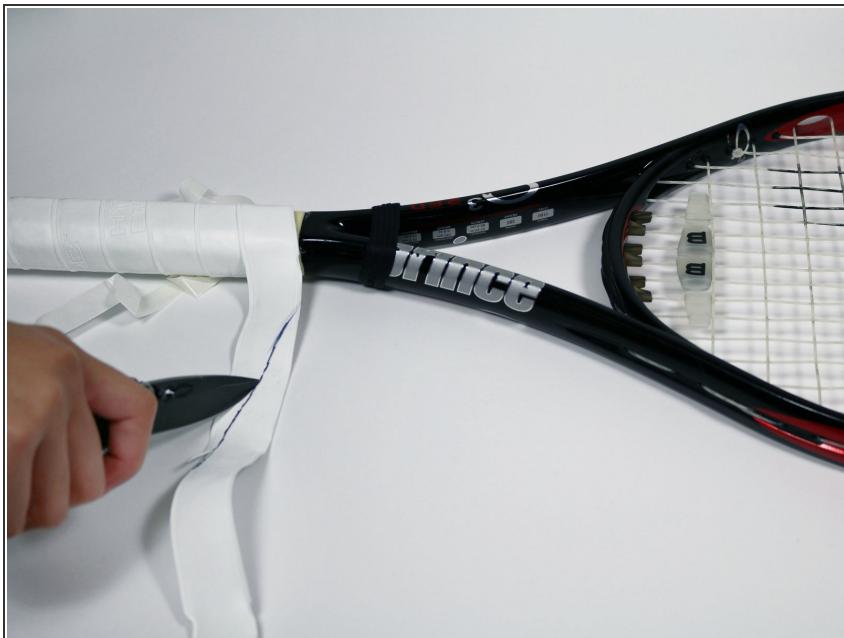
**ⓘ** The handle is the off color or unpainted portion below the tennis racquet head.

## Step 7



- Wrap the handle top **with** the backing on.
- Mark a horizontal line parallel to the buttcap around the grip.

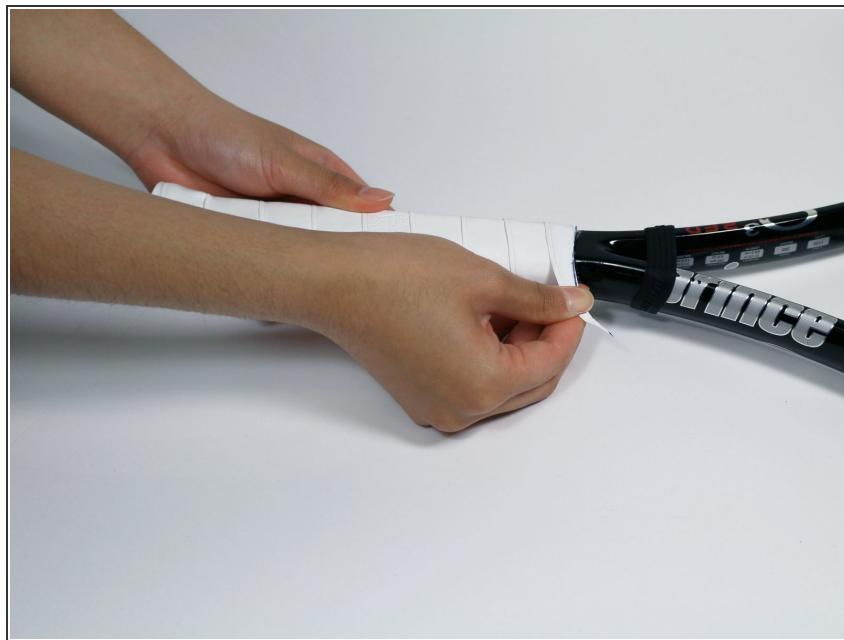
## Step 8



- Cut along the marked line using either scissors or a knife.

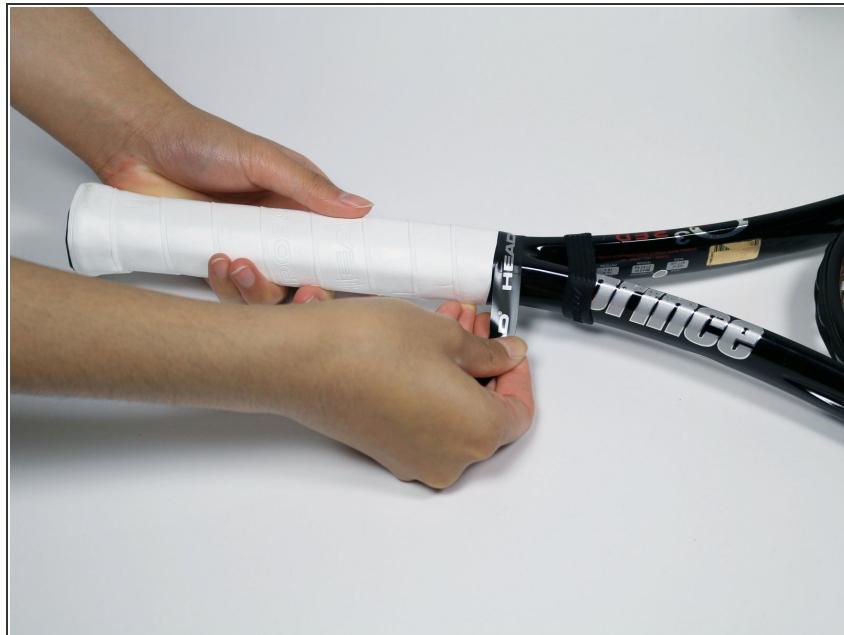
*(i)* Cutting with scissors is significantly easier, however if you do not have scissors that can cut the grip, a knife will work.

## Step 9



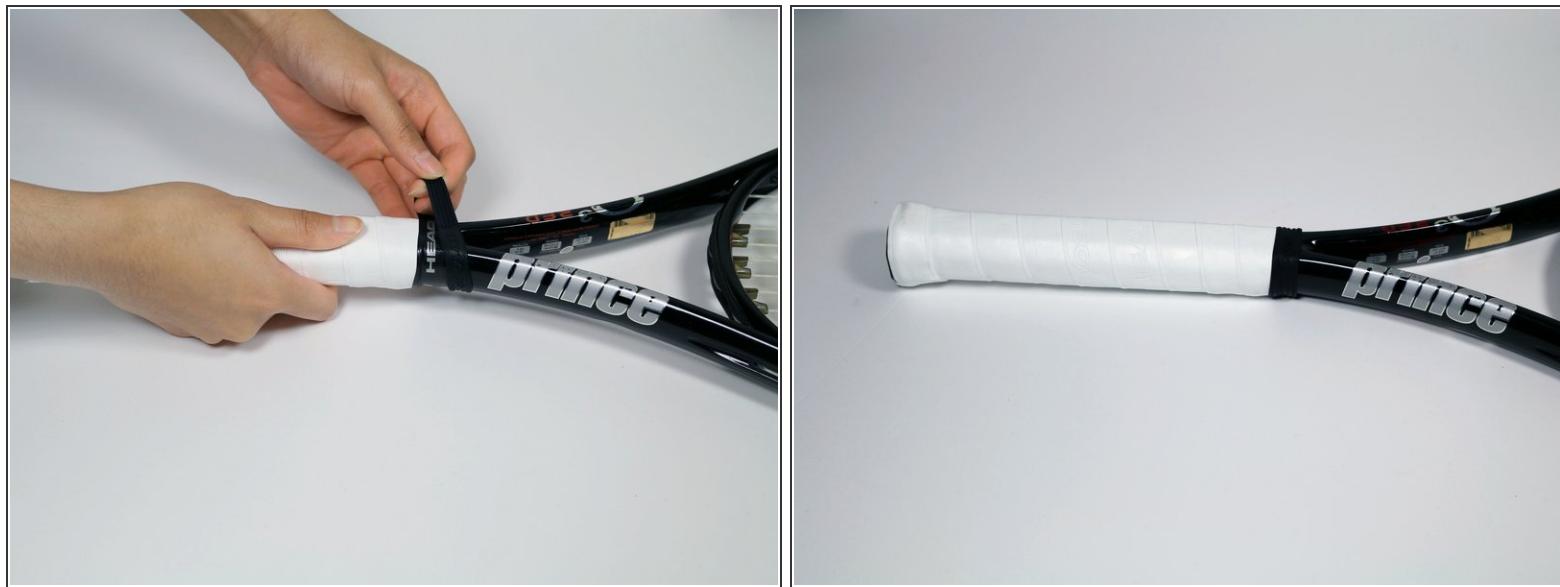
- Remove the backing and finish wrapping the replacement grip.

## Step 10



- Wrap the tape that comes with the grip around the handle halfway on the racquet and halfway on the grip.

## Step 11



- Complete your fix by pulling the rubber collar back to its original location.

*(i)* If you do not wish to add an overgrip, skip step 12.

## Step 12



- Pull the collar up off the handle.
- Repeat steps 4 - 11 to apply the overgrip.

Congratulations, your racquet grip is now fixed and you can go out and continue playing!