



Trek 4300 Bicycle Kickstand Replacement

This guide demonstrates how to replace the kickstand.

Written By: Emily OConnor



INTRODUCTION

The kickstand has three parts: a bracket, a bolt, and the stand. To replace the kickstand the bracket and bolt will need to be removed to allow for the removal of the stand.

TOOLS:

- [1/4" Hex adapter \(1\)](#)
- [T shaped handle socket screwdriver \(1\)](#)

PARTS:

- [Trek Kickstand \(1\)](#)

Step 1 — Loosen Bracket



- Flip the bike over so it is balanced and resting on the handlebar and the bike seat.
- Using a socket screwdriver with a hex adapter, loosen the bolt that is holding the kickstand and bracket in place.

i This may require a moderate amount of strength. Make sure you have the proper hex adapter as to not strip the bolt.

Step 2 — Remove the kickstand



- Once the bolt is loose, unscrew it the rest of the way by hand.
- Remove the bolt. There should now be three separate pieces: the bolt, the bracket, and the kickstand.

i Make sure to note the position of the bracket before you remove the bolt completely

To replace the new kickstand, follow these instructions in reverse order.