



iFit Act Battery Replacement

How to replace your iFit ACT battery. The iFit ACT Troubleshooting Guide also refers to this as the “hard reset.”

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INTRODUCTION

Has your iFit stopped working? Have you tried Troubleshooting, but none of the suggestions worked? Replacing your battery may solve these problems.



TOOLS:

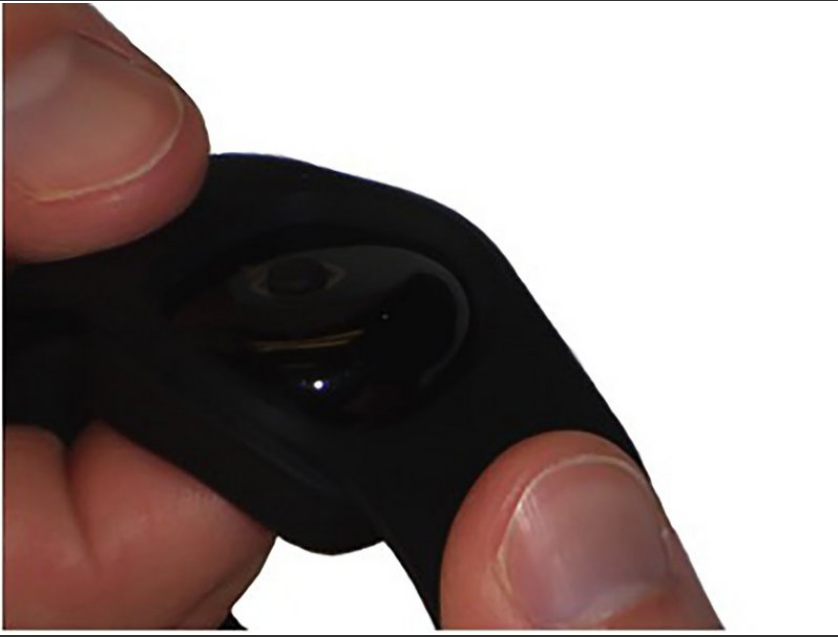
- [iFixit Opening Tools](#) (1)
- [Tweezers](#) (1)



PARTS:

- [CR2032 Lithium Battery](#) (1)

Step 1 — Battery



- Hold the iFit band in both hands, with your thumbs on either side of the tracker pod at the center of the wristband.

Step 2



- Using your index finger, gently push the tracker pod out of the wristband. It may help to do this over a table or other surface so the tracker pod doesn't fall on the floor and break.

Step 3



- Once the tracker pod is freed from the wristband, remove the back of the tracker pod using the plastic opening tool. The tool's curved edge should be pointed toward the back of the device to avoid scratching the front display.

Step 4



- Using the curved metal precision tweezers, gently lift the battery out of the tracker pod.

Step 5



- Place the new battery in the tracker pod. Make sure the positive side of the battery is face down in the cavity of the tracker pod.

Step 6



- To close the tracker pod, place the top and bottom pieces between fingers as shown and snap them together.

To assemble this device, follow these instructions in reverse order.